REGULATIONS GOVERNING THE MAR-WEST LEAGUE

PURPOSE

The purpose of this swim league shall be to provide a summer recreation program which teaches skills and training techniques that provide an introduction to competitive swimming.

MEMBERSHIP

The membership of this league shall include, but not be limited to teams from Buckeye, Goodyear, Litchfield Park, Tolleson, Verrado, Southwest Family YMCA, and Wickenburg. Other teams may be included in the league, provided they petition for membership prior to January 1 each year. Admission to the league will be accepted upon approval of all teams presently in the league. Any team petitioning for membership after Jan 1.2012 must be able to host swim meets. A participation fee of $300.00 is payable to Keepsake Trophy & Engraving by June 1st of each season**.** Teams with fees that remain unpaid by July 1st will not be entered in the Championship Meets.

Annually by January 30th of each year , the league fee for each team will be established. This money will be used to purchase ribbons, medals, and trophies for League Finals.

League voting procedure will be one vote per city. A simple majority of cities in attendance is required to pass a motion.

ELIGIBILITY

Each coach must certify that each member is a bona fide member of his/her team and meets distance and skill level requirements described herein and the criteria set forth in the paragraph below.

The age group of a swimmer in the league shall be determined by his or her age as of June 1st of that season.

Any athlete participating in any swim program outside the Mar-West League for more than 2 weeks during the period of August 1st to May 1st must swim up one age group for the summer season. Exceptions are: All 8 years and under and all 15 years and older.

SWIM MEETS

There will be a minimum of five dual meets, one 10 & Under, one 11 & Over, one Relay Festival for 11 & Over, and League Finals. These meets are to promote swimming technique and skills to advance league swimmers.

CONDUCT OF MEETS

An unlimited number of heats will be conducted in individual events with the exception of the Individual Medley which shall be limited to two heats. Relays for dual meets will have only one heat. At least two swimmers (may be from same team) are required to run a heat. The starting judge has final authority to cancel a swim heat due to lack of swimmers.

Swimmers are limited to three events for the 10 & Under meet, 11 & Over Meet, 11 & Over Relay Festival. Event total may be waived at the Relay Festival to ensure all swimmer have an opportunity to swim. Swimmers from different teams may combine to create a relay, at the Relay Festival, when a team does not have enough swimmers.

Ribbons awarded for Dual Meets will be 1-8th place (1-6 in 6 lane pools) for every heat

Ribbons shall be financed individually by all the participating teams, and each team will provide ribbons for their assigned lanes at all meets.

For the relay Festival, ribbons will not be awarded, since up to 11 lanes may be used. Instead each team may choose whether or not to offer some form of recognition to the swimmers after each race.

Once a swimmer finishes their race, they should remain in the water, and in their lane, until all other swimmers have completed the race.

Dual meets will start at 5:00 PM with warm-ups from 4:00 to 4:50 PM. 10 and under will swim first and 11 and up will swim at approx 7:00pm, or at the conclusion of the early session.

Saturday meets will start at 8:00 am with each team assigned one lane. In a meet with fewer than 8 teams the larger teams may be assigned 2 lanes. Warm-ups shall be permitted from 6:30 to 7:45 am. The last warm-up time will be for the team that is the greatest distance from the site of the meet. .

Feet first entry shall be enforced during warm-ups. No swimmer may enter the water head first except at the direction of a coach and only into a lane with one way traffic. It is the responsibility of the coach to ensure swimmers are following this directive.

OFFICIATING THE MEET

For a more efficient running of all meets, it is required that each home team provides the following for each meet:

1. Meet Director (Host team)
2. Starter/Announcer
3. Stroke/ Turn Judge (one from each team)
4. Finish Judge (one from each team)

Training for persons in these positions is required prior to the first dual meet. The league will host a training session at the beginning of each season. By working dual meets, these officials will gain needed experience to officiate League Finals**.**

The use of a stroke and turn judge is required for every meet. Visiting and host teams shall provide one stroke/turn judge each. Coaches may agree to have only one stroke and one turn judge when lacking one on each team.

Warnings will be issued during dual meets. Disqualifications will be issued at League Finals.

Each team is responsible to provide timers and people to hand out ribbons for their assigned lanes. The following lane assignment rule will be in effect: For Dual Meets the Home team shall swim in the even numbered lane and the Visiting team shall swim in the odd numbered lanes.

TIMING

Each team believes that swimming is a personal development program. Swimmers should learn that they are really competing against themselves. The teams agree to conduct a minimum of three or more timing sessions during the season prior to finals. This can include practice, and dual meets. The results of each timing session shall be recorded, maintained and given to each swimmer to show progress in each event. Finals will be timed.

WEATHER

Lightning shall interfere with a meet if there is ONE coach that feels the lightning is too close. A 30 minute break will follow, after this the meet will either continue or be canceled.

FINALS

Medals will be awarded to 1st –4th place in all individual events, and for 1st -3rd place for relays. Ribbons will be awarded to the next 12 finishers in each age category according to their finish placement.

Trophies will be awarded to the high point 1st, 2nd, 3rd and 4th place swimmer from each age and gender category. High point will be determined for individual events only.

A swimmer may swim in three individual events, and two relays. A swimmer may swim up an age group in the finals, but must compete in the same age group for all individual events. For relays, a swimmer may swim up an age group and still compete in their appropriate age group for individual events as long as they do not exceed the 5 event limit.

One male swimmer or more on a relay makes that relay a boy's event.

A minimum of three swim meets is required to qualify for finals

A timed final seeding will be used for Individual Finals. Each team is allowed to enter a maximum of four swimmers per event, per age group, and one relay team per event, per age group. Exception is the Individual Medley will be only three entries per team.

Entries for League Finals must be submitted via Team Manager, to the meet director by the Saturday before Finals.

Times will be submitted for finals to the hundredth of a second. If no time is given, the swimmer will be entered with NT which will mean no time.

Teams may remove a swimmer but can't move that swimmer into other events or replace that swimmer with another.

SWIM MEET EVENTS

The following represents the schedule for meets and the events that will be held at each meet.

MEETS	EVENTS
Dual	IM-Freestyle Relay-Backstroke-Freestyle
Dual	Medley Relay -Butterfly - Breaststroke
11 & Over Relay Festival	Backstroke Relay-Breaststroke Relay-Butterfly Relay Freestyle Relay-Medley Relay
Dual	IM-Freestyle Relay-Backstroke – Freestyle
10&Under	IM - Butterfly - Backstroke - Breaststroke – Freestyle (Swimmers may enter in only 3 events)
Dual	Medley Relay-Butterfly - Breaststroke
11&Up	Butterfly - Backstroke - Breaststroke – Freestyle-IM (Swimmers may enter in only 3 events)
Dual	IM-Freestyle Relay-Backstroke-Freestyle
10 & Under Finals 11 & Over Finals	**Individual Medley-Freestyle Relay-Butterfly - Backstroke – Breaststroke - Freestyle –Medley Relay**

RULES FOR DISTANCE AND SKILL LEVELS

Coaches shall insure that each swimmer can successfully swim his/her respective distance and correct stroke prior to league participation. To qualify for a league meet, a swimmer must be able to swim the required distance of their respective age group and must swim with one qualifying stroke.

RULES FOR DISTANCE

The following will be distances for each age group:

AGE	DISTANCE
6 & Under	25 yards all individual events 100 yards Freestyle/ Medley Relay
7 & 8	25 yards all individual events 100 yards Freestyle/ Medley Relay
9 & 10	25 yards Backstroke & Butterfly 50 yards Freestyle & Breaststroke 100 yards Individual Medley 100 yards Medley Relay 200 yards Freestyle Relay
11 & 12	50 yards all individual strokes 100 yards Individual Medley 200 yards Freestyle/ Medley Relay
13 & 14	50 yards all individual strokes 100 yards Individual Medley 200 yards Freestyle/ Medley Relay
15 & up	50 yards Butterfly, Backstroke, Breaststroke 100 yards Freestyle 100 yards Individual Medley 200 yards Freestyle/ Medley Relay

RULES FOR STROKE/SKILL LEVEL

6 and under: The six and under age group can be disqualified when using the wrong stroke to gain an unfair advantage. They also can not use the bottom of the pool or the lane lines to gain an unfair advantage. The coach will receive stroke/skill warnings for a swimmer from the first meet on. 6 & under, for safety reasons, can have their heads caught on the backstroke. . This will be done by using a kickboard that is resting against the gutter. The kickboard will be held by a ribbon person.

7 & 8: The 7 & 8 year olds must have their relay starts correct. They also can not use the bottom or the lane lines to gain an unfair advantage. The coach will receive warnings from the first meet on and will fall under the same classification as in the 6 and under. 8 and under, for safety reasons, can have their heads caught on the backstroke

9 and up: All swimmers 9 and older must have their strokes, turns, starts and relay starts correct. It is the coach's responsibility to instruct the swimmers on correct stroke technique. The correct swimming technique shall be defined by the "National Federation of State High School Associations Rule 8, which is adopted and included herein. All dual meets will be warnings only. All heats in League Finals will be disqualified.

2013

RULE 8

SECTION #1 – STARTS and FINISHES

ART. 1...For the forward start swimmers shall assume any position with at least one foot at the front edge of the starting platform or pool deck. Upon the starting command, "Take your mark", swimmers shall promptly assume a motionless position with their foot/feet at the front edge of the platform or pool deck. When all swimmers are motionless, the starter shall activate a starting device.

ART. 2...For the backstroke start, swimmers shall step in the water feet first, and line up in the water facing the starting end of the pool with both hands grasping any part of the starting platform or pool end wall in their assigned lane and with both feet in contact with the wall of the starting end. Prior to the command "Take your mark", and until the feet leave the wall at the starting signal, the swimmer's feet, including the toes, shall be completely under the surface the water. Standing on or in the gutter or curling the toes over the lip of the gutter, immediately after the start, is not permitted.

ART. 3...Subject to the discretion of the starter/referee, a false start occurs when a swimmer:
(a) Unnecessarily delays in reporting for the start, or in assuming a start position;
(b) leaves the mark before the starting signal
(c) does not remain motionless immediately prior to the start
(d) does not step in feet first for an "in water start". Other swimmers are to be released by the starters command, "stand up".

ART. 4...In the forward start, swimmers may stand up or step off the starting platform after the command "stand up" but they shall not unnecessarily enter the water nor delay a new start.

ART. 5...In the backstroke start swimmers may release from the starting position after the command "stand up", but they shall not leave the starting area nor unnecessarily delay a new start. In order for the backstroke event to be held, backstroke flags shall be placed 15 feet from each end of the pool.

ART. 6...When 1 or more swimmers have obtained an unfair advantage at the start; all swimmers shall be recalled immediately by a pistol shot or other sounding device.

ART. 7…To finish the race, the swimmer shall contact the finish end in the manner prescribed.

PENALTY FOR **TWO** FALSE STARTS: The swimmer or relay team is disqualified from the event.

For the 6 and under age group a false start will only be given if a ***tremendous advantage*** is gained by the swimmer. This decision will be the judgment of the starter.

SECTION 2- Form of individual events

ART. 1...The Backstroke:

(a) The backstroke start shall be used.
(b) Any stroke is permitted. The body shall remain on the back to the degree the shoulders do not turn over beyond the vertical plane except while executing a turn.
(c) Standing in or on the gutter or curling the toes over the lip of the gutter immediately after the start is not permitted.
(d) Any kick is permitted.
(e) Swimmer may be completely submerged for 16.4 yards after start and each turn. By that point the head must have broken the surface of the water
(f) The turn requires that some part of the swimmer's body contact the end wall. After the swimmer's head has passed the backstroke flag, prior to the turn, the swimmer's upper shoulder (but is not required to) rotate past the vertical toward the breast before the touch is completed provided such rotation is accompanied by an initiation of the turning action or continuation into the wall.

The initiation of the turning action shall be accomplished by a single arm or simultaneous double arm pull, or in the absence of such pulls, by a downward, underwater movement of the head.

The swimmer shall assume a position on the back before the feet leave the wall.

(g) The finish requires completion of the required distance and contact with the finish end, or the finish pad by any part of the swimmer.

ART. 2...The Breaststroke

(a) The forward start shall be used.
(b) The body shall remain on the breast except while executing a turn.
(c) On the start or turn, one arm stroke beyond the hipline followed by one leg kick may be made while the swimmer is underwater. The head must break the water surface prior to the arms beginning the recovery part of the second arm stroke which is the forward movement of the hands. Thereafter,
(1) hands shall not be brought back beyond the hipline
(2) some portion of the head must break the water surface sometime during each stroke cycle (one arm pull followed by one leg pull) except after the final arm pull to the turn or finish.
(d) There shall be no sculling with the hands at the end of the first arm stroke following the start or turn
(e) The stroke requires that the arms shall move simultaneously and in the same horizontal plane, without any alternating movement. Both hands shall be pushed forward from the breast simultaneously on, above or under the surface of the water. Elbows must remain under the water except for the last stroke at the turn/finish of the prescribed distance (butterfly recovery is not permitted).
(f) The kick requires the feet be drawn up with the knee bent. The feet must be turned outward during the propulsive part of the kick. All movement of the legs and feet shall be simultaneous and in the same horizontal plane. No scissors flutter, or downward butterfly kick (developed from a flexing and extending of the knee) is permitted.
(g) The turn requires a simultaneous touch with two hands, not necessarily on the same plane after which any manner of turn is permitted. The shoulders shall be at or past the vertical toward the breast when the feet leave the wall. The legal body position shall be regained prior to the first arm pull or leg kick.
(h) The finish requires contact with the finish end or the finish pad, with both hands simultaneously, not on the same plane.

ART. 3...The Butterfly:

(a) The forward start shall be used.
(b) The body shall remain on the breast except while executing a turn. After the start and after the turn, the swimmer is allowed one or more leg kicks, but only one arm pull under water
(c) The stroke requires that both arms simultaneously pull backward under the water, and then simultaneously recover over the water. At any given time, corresponding points on both hands shall be at the same horizontal level
(d) The kick requires that both legs and feet move up and down simultaneously in the vertical plane. Scissors, breaststroke, and alternating up and down movements are not permitted.
(e) The turn requires a simultaneous touch with two hands not necessarily on the same plane, after which any manner of turn is permitted. The shoulders shall be at or past the vertical toward the breast when the feet leave the wall. The legal body position shall be regained prior to the first arm pull.
(f) The swimmer may be completely submerged for a distance of not more than 16.4 yards (15 meters) after the start and each turn. By that point the head must have broken the surface of the water
(g) The finish requires completion of the required distance and contact with the finish end or the finish pad, with both hands simultaneously not necessarily on the same plane.

ART. 4...The Freestyle:

(a) The forward start shall be used.
(b) Any body position, stroke and kick are permitted and any combination of styles may be used.
(c) The turn requires that some part of the swimmers body contact the end wall.
(d) The swimmer may be completely submerged for a distance of not more than 16.4 yards (15 meters) after the start and each turn. By that point the head must have broken the surface of the water
(e) The finish requires completion of the required distance and contact with the finish end or the finish pad by any part of the swimmer.

ART. 5...The individual medley begins with the forward start. Competitors shall swim the butterfly for the first quarter of the required distance of the complete race, the backstroke for the second quarter, the breaststroke for the third quarter and any stroke other then backstroke, breaststroke or butterfly for the last quarter. Each section must be finished in accordance with the rule that applies to the style concerned.

SECTION 3...Relay Events

Art. 1 The medley relay is swum by a team of 4 competitors, each swimming one quarter of the required distance of the race. The first shall use the backstroke start and swim backstroke; the second shall swim breaststroke; the third, butterfly; and the fourth shall swim the crawl. Each swimmer shall adhere to the position, stroke, kick turn and finish rules governing the stroke being swum.

ART. 2...The freestyle relay is swum by a team of 4 competitors, each swimming one quarter of the required distance of the race in any style, adhere to the turn and finish rules of the freestyle event. The first swimmer of the relay team shall use the forward start.

ART. 4...The first swimmer of a relay team, once called to the starting platform by the referee, shall not change his/her swimming order in the relay event with any teammate.

ART. 5...On the takeoff, the second, third and fourth swimmers on a relay team shall use the legal forward start, but may be in motion before the previous swimmer finishes. The swimmers shall remain in contact with the front of the starting platform pool deck until the previous swimmer has finished. However, moving from the back of the starting platform to the front is permitted provided the swimmer is on the starting platform and does not initiate the action from the pool deck.

NOTE: With prior notification Art.1 and Art.2 may be changed to benefit the number of swimmers participating on a team.

CONDUCT: The following shall be enforced for both team personnel and those in attendance at a meet.

No individual shall act in an unsportsmanlike manner. This includes any act the meet director deems poor sportsmanship such as:

a) Making insulting or derogatory remarks, gestures or acts;
b) trying to influence or showing disgust with officials, decisions,
c) interfering with meet officials in the performance of their duties.

When the above occurs: First time a warning will be issued and the second will result in removal of the individuals from the meet site.

PENALTIES FOR RELAY VIOLATIONS:

1. For a violation by an individual member of the relay team, the team is disqualified from the event.

Revised January, 2010

Stroke and Turn Guidelines

- DO NOT approach the coaches and tell them what their swimmers are doing wrong.
- Fill out the DQ/Warning slip
- You will have up to 4 lanes to watch, give each lane the same amount of time. Each swimmer should receive about the same amount of observation.
- We need 4 judges, 1 in each corner of the pool. The finish judge can watch for false starts.

6 & Under – Do not DQ unless the swimmer is gaining an obvious advantage by doing the wrong stroke or kick for the event. The swimmers need to be doing something that resembles the stroke.

7 & 8 - Do not DQ unless the swimmer is gaining an obvious advantage by doing the wrong stroke or kick for the event. The swimmer needs to be doing something that resembles the stroke.

9 & 10 – Each stroke should be correct, but overlook minor infractions. Example: occasional flutter kick on butterfly or breaststroke.

11 & Up – The swimmers should be using the correct stokes and kicks.

Freestyle – The only way to DQ in Freestyle is to false start (leave before the buzzer), use the bottom or the lane lines to gain an advantage or fail to touch the turn wall with any part of their body.

Backstroke – Swimmers must stay on their back except when executing a turn. Upon rolling to the stomach, the swimmer is allowed only one stroke; they may have as many kicks as needed to reach the wall. Open turns are allowed, as long as the swimmer touches the wall while on their back. For either turn, the swimmer must leave the wall on their back. Some part of the swimmer must touch the wall. Swimmers must finish the race on their back. On the start, the swimmers feet must be completely under water.

Butterfly – Dolphin kick must be used, and arms must be working simultaneously. Turns and finishes must be with a two hand touch at the same time. Hands do not have to be on the same plane. Common mistakes: Flutter kick on the start. Arms alternating, not working in the same plane. Flutter kick while taking a breath. One hand touch on turn or finish. Using a flip turn.

Breaststroke – Arms and feet must be in the same plane. Scissor kick is illegal. The pull may not be brought beyond the hipline. Exception: on the start and turns the swimmer is allowed one long pull, while under water. Elbows must remain underwater. Turns and finishes must be two hands. Common mistakes: Flutter kick while breathing, scissor kick. One hand turns/finishes. Pulling past the hipline. Using a flip turn.

Individual Medley – The order is Butterfly, Backstroke, Breaststroke, Freestyle. All stroke protocols must be followed. When switching strokes the transition is considered a finish for the stroke being swum. IE. Finish fly and breast with two hands, finish back on back.

Freestyle Relay – Any stroke may be used to complete the race. The only DQ's would come from a swimmer diving in before the current swimmer finishes, not touching the wall on the turn or using the bottom of the pool or lane line to gain an advantage.

Medley Relay-The order is Backstroke, Breaststroke, Butterfly, Front Crawl. All stroke protocols must be followed.

ORDER OF EVENTS

1st Dual Meet

_____vs_____

Date:_____

CA	*LL*	*#*	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**100Y**	Girl's 9 and 10 IDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**2.**	**100Y**	Boy's 9 and 10 IDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**3.**	**100Y**	**Girl's 6 and Under FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**4.**	**100Y**	**Boy's 6 and Under FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**5.**	**100Y**	Girl's 7 and 8 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**6.**	**100Y**	Boy's 7 and 8 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**7.**	**200Y**	Girl's 9 and 10FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**8.**	**200Y**	Boy's 9 and 10 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**9.**	**25Y**	**Girl's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**10.**	**25Y**	**Boy's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**11.**	**25Y**	Girl's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**12.**	**25Y**	Boy's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**13.**	**25Y**	Girl's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**14.**	**25Y**	Boy's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**15.**	**25Y**	**Girl's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**16.**	**25Y**	**Boy's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**17.**	**25Y**	Girl's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**18.**	**25Y**	Boy's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**19.**	**50Y**	Girl's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**20.**	**50Y**	Boy's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**21.**	**100Y**	**Girl's 11 and 12 INDIVIDUAL MEDLEY**		**(2 HEATS)**
F	**L**	**22.**	**100Y**	**Boy's 11 and 12 INDIVIDUAL MEDLEY**		**(2 HEATS)**
F	**L**	**23.**	**100Y**	Girl's 13 and 14 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**24.**	**100Y**	Boy's 13 and 14 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**25.**	**100Y**	Girl's 15 and UP INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**26.**	**100Y**	Boy's 15 and UP INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**27.**	**200Y**	**Girl's 11 and 12 FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**28.**	**200Y**	**Boy's 11 and 12 FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**29.**	**200Y**	Girl's 13 and 14 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**30.**	**200Y**	Boy's 13 and 14 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**31.**	**200Y**	Girl's 15 and UP FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**32.**	**200Y**	Boy's 15 and UP FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**33.**	**50Y**	**Girl's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**34.**	**50Y**	**Boy's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**35.**	**50Y**	Girl's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**36.**	**50Y**	Boy's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**37.**	**50Y**	Girl's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**38.**	**50Y**	Boy's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**39.**	**50Y**	**Girl's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**40.**	**50Y**	**Boy's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**41.**	**50Y**	Girl's 13 and 14 FREESTYLE		**(UNL. HEATS)**
F	**L**	**42.**	**50Y**	Boy's 13 and 14 FREESTYLE		**(UNL. HEATS)**
F	**L**	**43.**	**100Y**	Girl's 15 and UP FREESTYLE		**(UNL. HEATS)**
F	**L**	**44.**	**100Y**	Boy's 15 and UP FREESTYLE		**(UNL. HEATS)**

SAMPLE

ORDER OF EVENTS
2nd Dual Meet
_____vs_____
Date:_____

CA	*LL*	*#*	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**100Y**	**Girl's 6 and UNDER MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**2.**	**100Y**	**Boy's 6 and UNDER MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**3.**	**100Y**	Girl's 7 and 8 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**4.**	**100Y**	Boy's 7 and 8 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**5.**	**100Y**	Girl's 9 and 10 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**6.**	**100Y**	Boy's 9 and 10 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**7.**	**25Y**	**Girl's 6 and UNDER BUTTERFLY**		**(UN. HEATS)**
F	**L**	**8.**	**25Y**	**Boy's 6 and UNDER BUTTERFLY**		**(UN. HEATS)**
F	**L**	**9.**	**25Y**	Girl's 7 and 8 BUTTERFLY		**(UN. HEATS)**
F	**L**	**10.**	**25Y**	Boy's 7 and 8 BUTTERFLY		**(UN. HEATS)**
F	**L**	**11.**	**25Y**	Girl's 9 and 10 BUTTERFLY		**(UN. HEATS)**
F	**L**	**12.**	**25Y**	Boy's 9 and 10 BUTTERFLY		**(UN. HEATS)**
F	**L**	**13.**	**25Y**	**Girl's 6 and UNDER BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**14.**	**25Y**	**Boy's 6 and UNDER BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**15.**	**25Y**	Girl's 7 and 8 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**16.**	**25Y**	Boy's 7 and 8 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**17.**	**50Y**	Girl's 9 and 10 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**18.**	**50Y**	Boy's 9 and 10 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**19.**	**200Y**	**Girl's 11 and 12 MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**20.**	**200Y**	**Boy's 11 and 12 MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**21.**	**200Y**	Girl's 13 and 14 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**22.**	**200Y**	Boy's 13 and 14 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**23.**	**200Y**	Girl's 15 and UP MEDLEY RELAY		**(1 HEAT)**
F	**L**	**24.**	**200Y**	Boy's 15 and UP MEDLEY RELAY		**(1 HEAT)**
F	**L**	**25.**	**50Y**	**Girl's 11 and 12 BUTTERFLY**		**(UN. HEATS)**
F	**L**	**26.**	**50Y**	**Boy's 11 and 12 BUTTERFLY**		**(UN. HEATS)**
F	**L**	**27.**	**50Y**	Girl's 13 and 14 BUTTERFLY		**(UN. HEATS)**
F	**L**	**28.**	**50Y**	Boy's 13 and 14 BUTTERFLY		**(UN. HEATS)**
F	**L**	**29.**	**50Y**	Girl's 15 and UP BUTTERFLY		**(UN. HEATS)**
F	**L**	**30.**	**50Y**	Boy's 15 and UP BUTTERFLY		**(UN. HEATS)**
F	**L**	**31.**	**50Y**	**Girl's 11 and 12 BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**32.**	**50Y**	**Boy's 11 and 12 BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**33.**	**50Y**	Girl's 13 and 14 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**34.**	**50Y**	Boy's 13 and 14 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**35.**	**50Y**	Girl's 15 and UP BREASTSTROKE		**(UN. HEATS)**
F	**L**	**36.**	**50Y**	Boy's 15 and UP BREASTSTROKE		**(UN. HEATS)**

Draft

ORDER OF EVENTS
3rd Dual Meet
_____vs_____
Date:_____

CA	*LL*	#	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**100Y**	Girl's 9 and 10 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**2.**	**100Y**	Boy's 9 and 10 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**3.**	**100Y**	**Girl's 6 and FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**4.**	**100Y**	**Boy's 6 and FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**5.**	**100Y**	Girl's 7 and 8 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**6.**	**100Y**	Boy's 7 and 8 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**7.**	**200Y**	Girl's 9 and 10F REESTYLE RELAY		**(1 HEAT)**
F	**L**	**8.**	**200Y**	Boy's 9 and 10 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**9.**	**25Y**	**Girl's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**10.**	**25Y**	**Boy's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**11.**	**25Y**	Girl's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**12.**	**25Y**	Boy's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**13.**	**25Y**	Girl's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**14.**	**25Y**	Boy's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**15.**	**25Y**	**Girl's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**16.**	**25Y**	**Boy's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**17.**	**25Y**	Girl's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**18.**	**25Y**	Boy's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**19.**	**50Y**	Girl's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**20.**	**50Y**	Boy's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**21.**	**100Y**	**Girl's 11 and 12 INDIVIDUAL MEDLEY**		**(2 HEATS)**
F	**L**	**22.**	**100Y**	**Boy's 11 and 12 INDIVIDUAL MEDLEY**		**(2 HEATS)**
F	**L**	**23.**	**100Y**	Girl's 13 and 14 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**24.**	**100Y**	Boy's 13 and 14 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**25.**	**100Y**	Girl's 15 and UP INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**26.**	**100Y**	Boy's 15 and UP INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**27.**	**200Y**	**Girl's 11 and 12 FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**28.**	**200Y**	**Boy's 11 and 12 FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**29.**	**200Y**	Girl's 13 and 14 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**30.**	**200Y**	Boy's 13 and 14 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**31.**	**200Y**	Girl's 15 and UP FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**32.**	**200Y**	Boy's 15 and UP FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**33.**	**50Y**	**Girl's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**34.**	**50Y**	**Boy's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**35.**	**50Y**	Girl's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**36.**	**50Y**	Boy's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**37.**	**50Y**	Girl's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**38.**	**50Y**	Boy's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**39.**	**50Y**	**Girl's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**40.**	**50Y**	**Boy's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**41.**	**50Y**	Girl's 13 and 14 FREESTYLE		**(UNL. HEATS)**
F	**L**	**42.**	**50Y**	Boy's 13 and 14 FREESTYLE		**(UNL. HEATS)**
F	**L**	**43.**	**100Y**	Girl's 15 and UP FREESTYLE		**(UNL. HEATS)**
F	**L**	**44.**	**100Y**	Boy's 15 and UP FREESTYLE		**(UNL. HEATS)**

ORDER OF EVENTS
4th Dual Meet
_____vs_____
Date:_____

CA	*LL*	*#*	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**100Y**	**Girl's 6 and UNDER MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**2.**	**100Y**	**Boy's 6 and UNDER MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**3.**	**100Y**	Girl's 7 and 8 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**4.**	**100Y**	Boy's 7 and 8 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**5.**	**100Y**	Girl's 9 and 10 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**6.**	**100Y**	Boy's 9 and 10 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**7.**	**25Y**	**Girl's 6 and UNDER BUTTERFLY**		**(UN. HEATS)**
F	**L**	**8.**	**25Y**	**Boy's 6 and UNDER BUTTERFLY**		**(UN. HEATS)**
F	**L**	**9.**	**25Y**	Girl's 7 and 8 BUTTERFLY		**(UN. HEATS)**
F	**L**	**10.**	**25Y**	Boy's 7 and 8 BUTTERFLY		**(UN. HEATS)**
F	**L**	**11.**	**25Y**	Girl's 9 and 10 BUTTERFLY		**(UN. HEATS)**
F	**L**	**12.**	**25Y**	Boy's 9 and 10 BUTTERFLY		**(UN. HEATS)**
F	**L**	**13.**	**25Y**	**Girl's 6 and UNDER BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**14.**	**25Y**	**Boy's 6 and UNDER BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**15.**	**25Y**	Girl's 7 and 8 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**16.**	**25Y**	Boy's 7 and 8 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**17.**	**50Y**	Girl's 9 and 10 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**18.**	**50Y**	Boy's 9 and 10 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**19.**	**200Y**	**Girl's 11 and 12 MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**20.**	**200Y**	**Boy's 11 and 12 MEDLEY RELAY**		**(1 HEAT)**
F	**L**	**21.**	**200Y**	Girl's 13 and 14 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**22.**	**200Y**	Boy's 13 and 14 MEDLEY RELAY		**(1 HEAT)**
F	**L**	**23.**	**200Y**	Girl's 15 and UP MEDLEY RELAY		**(1 HEAT)**
F	**L**	**24.**	**200Y**	Boy's 15 and UP MEDLEY RELAY		**(1 HEAT)**
F	**L**	**25.**	**50Y**	**Girl's 11 and 12 BUTTERFLY**		**(UN. HEATS)**
F	**L**	**26.**	**50Y**	**Boy's 11 and 12 BUTTERFLY**		**(UN. HEATS)**
F	**L**	**27.**	**50Y**	Girl's 13 and 14 BUTTERFLY		**(UN. HEATS)**
F	**L**	**28.**	**50Y**	Boy's 13 and 14 BUTTERFLY		**(UN. HEATS)**
F	**L**	**29.**	**50Y**	Girl's 15 and UP BUTTERFLY		**(UN. HEATS)**
F	**L**	**30.**	**50Y**	Boy's 15 and UP BUTTERFLY		**(UN. HEATS)**
F	**L**	**31.**	**50Y**	**Girl's 11 and 12 BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**32.**	**50Y**	**Boy's 11 and 12 BREASTSTROKE**		**(UN. HEATS)**
F	**L**	**33.**	**50Y**	Girl's 13 and 14 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**34.**	**50Y**	Boy's 13 and 14 BREASTSTROKE		**(UN. HEATS)**
F	**L**	**35.**	**50Y**	Girl's 15 and UP BREASTSTROKE		**(UN. HEATS)**
F	**L**	**36.**	**50Y**	Boy's 15 and UP BREASTSTROKE		**(UN. HEATS)**

Draft

ORDER OF EVENTS
5th Dual Meet
_____ vs _____
Date _____

CA	*LL*	#	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**100Y**	Girl's 9 and 10 IDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**2.**	**100Y**	Boy's 9 and 10 IDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**3.**	**100Y**	**Girl's 6 and Under FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**4.**	**100Y**	**Boy's 6 and Under FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**5.**	**100Y**	Girl's 7 and 8 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**6.**	**100Y**	Boy's 7 and 8 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**7.**	**200Y**	Girl's 9 and 10FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**8.**	**200Y**	Boy's 9 and 10 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**9.**	**25Y**	**Girl's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**10.**	**25Y**	**Boy's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**11.**	**25Y**	Girl's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**12.**	**25Y**	Boy's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**13.**	**25Y**	Girl's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**14.**	**25Y**	Boy's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**15.**	**25Y**	**Girl's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**16.**	**25Y**	**Boy's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**17.**	**25Y**	Girl's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**18.**	**25Y**	Boy's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**19.**	**50Y**	Girl's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**20.**	**50Y**	Boy's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**21.**	**100Y**	**Girl's 11 and 12 INDIVIDUAL MEDLEY**		**(2 HEATS)**
F	**L**	**22.**	**100Y**	**Boy's 11 and 12 INDIVIDUAL MEDLEY**		**(2 HEATS)**
F	**L**	**23.**	**100Y**	Girl's 13 and 14 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**24.**	**100Y**	Boy's 13 and 14 INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**25.**	**100Y**	Girl's 15 and UP INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**26.**	**100Y**	Boy's 15 and UP INDIVIDUAL MEDLEY		**(2 HEATS)**
F	**L**	**27.**	**200Y**	**Girl's 11 and 12 FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**28.**	**200Y**	**Boy's 11 and 12 FREESTYLE RELAY**		**(1 HEAT)**
F	**L**	**29.**	**200Y**	Girl's 13 and 14 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**30.**	**200Y**	Boy's 13 and 14 FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**31.**	**200Y**	Girl's 15 and UP FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**32.**	**200Y**	Boy's 15 and UP FREESTYLE RELAY		**(1 HEAT)**
F	**L**	**33.**	**50Y**	**Girl's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**34.**	**50Y**	**Boy's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**35.**	**50Y**	Girl's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**36.**	**50Y**	Boy's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**37.**	**50Y**	Girl's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**38.**	**50Y**	Boy's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**39.**	**50Y**	**Girl's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**40.**	**50Y**	**Boy's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**41.**	**50Y**	Girl's 13 and 14 FREESTYLE		**(UNL. HEATS)**

ORDER OF EVENTS
10 and Under Meet
Date _____

CA	*LL*	#	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**100Y**	Girl's 9 and 10 IDIVIDUAL MEDLEY		**(UNL. HEATS)**
F	**L**	**2.**	**100Y**	Boy's 9 and 10 IDIVIDUAL MEDLEY		**(UNL. HEATS)**
F	**L**	**3.**	**25Y**	**Girl's 6 and BUTTERFLY**		**(UNL. HEATS)**
F	**L**	**4.**	**25Y**	**Boy's 6 and BUTTERFLY**		**(UNL. HEATS)**
F	**L**	**5.**	**25Y**	Girl's 7 and 8 BUTTERFLY		**(UNL. HEATS)**
F	**L**	**6.**	**25Y**	Boy's 7 and 8 BUTTERFLY		**(UNL. HEATS)**
F	**L**	**7.**	**25Y**	Girl's 9 and 10 BUTTERFLY		**(UNL. HEATS)**
F	**L**	**8.**	**25Y**	Boy's 9 and 10 BUTTERFLY		**(UNL. HEATS)**
F	**L**	**9.**	**25Y**	**Girl's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**10.**	**25Y**	**Boy's 6 and UNDER BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**11.**	**25Y**	Girl's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**12.**	**25Y**	Boy's 7 and 8 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**13.**	**25Y**	Girl's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**14.**	**25Y**	Boy's 9 and 10 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**15.**	**25Y**	**Girl's 6 and UNDER BREASTSTROKE**		**(UNL. HEATS)**
F	**L**	**16.**	**25Y**	**Boy's 6 and UNDER BREASTSTROKE**		**(UNL. HEATS)**
F	**L**	**17.**	**25Y**	Girl's 7 and 8 BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**18.**	**25Y**	Boy's 7 and 8 BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**19.**	**50Y**	Girl's 9 and 10 BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**20.**	**50Y**	Boy's 9 and 10 BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**21.**	**25Y**	**Girl's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**22.**	**25Y**	**Boy's 6 and UNDER FREESTYLE**		**(UNL. HEATS)**
F	**L**	**23.**	**25Y**	Girl's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**24.**	**25Y**	Boy's 7 and 8 FREESTYLE		**(UNL. HEATS)**
F	**L**	**25.**	**50Y**	Girl's 9 and 10 FREESTYLE		**(UNL. HEATS)**
F	**L**	**26.**	**50Y**	Boy's 9 and 10 FREESTYLE		**(UNL. HEATS)**

2017

ORDER OF EVENTS
11 and Up Meet
Date _____

CA	*LL*	#	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**50Y**	**Girl's 11 and 12 BUTTERFLY**		**(UNL. HEATS)**
F	**L**	**2.**	**50Y**	**Boy's 11 and 12 BUTTERFLY**		**(UNL. HEATS)**
F	**L**	**3.**	**50Y**	Girl's 13 and 14 BUTTERFLY		**(UNL. HEATS)**
F	**L**	**4.**	**50Y**	Boy's 13 and 14 BUTTERFLY		**(UNL. HEATS)**
F	**L**	**5.**	**50Y**	Girl's 15 and UP BUTTERFLY		**(UNL. HEATS)**
F	**L**	**6.**	**50Y**	Boy's 15 and UP BUTTERFLY		**(UNL. HEATS)**
F	**L**	**7.**	**50Y**	**Girl's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**8.**	**50Y**	**Boy's 11 and 12 BACKSTROKE**		**(UNL. HEATS)**
F	**L**	**9.**	**50Y**	Girl's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**10.**	**50Y**	Boy's 13 and 14 BACKSTROKE		**(UNL. HEATS)**
F	**L**	**11.**	**50Y**	Girl's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**12.**	**50Y**	Boy's 15 and UP BACKSTROKE		**(UNL. HEATS)**
F	**L**	**13.**	**50Y**	**Girl's 11 and 12 BREASTSTROKE**		**(UNL. HEATS)**
F	**L**	**14.**	**50Y**	**Boy's 11 and 12 BREASTSTROKE**		**(UNL. HEATS)**
F	**L**	**15.**	**50Y**	Girl's 13 and 14 BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**16.**	**50Y**	Boy's 13 and 14 BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**17.**	**50Y**	Girl's 15 and UP BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**18.**	**50Y**	Boy's 15 and UP BREASTSTROKE		**(UNL. HEATS)**
F	**L**	**19.**	**50Y**	**Girl's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**20.**	**50Y**	**Boy's 11 and 12 FREESTYLE**		**(UNL. HEATS)**
F	**L**	**21.**	**50Y**	Girl's 13 and 14 FREESTYLE		**(UNL. HEATS)**
F	**L**	**22.**	**50Y**	Boy's 13 and 14 FREESTYLE		**(UNL. HEATS)**
F	**L**	**23.**	**100Y**	Girl's 15 and UP FREESTYLE		**(UNL. HEATS)**
F	**L**	**24.**	**100Y**	Boy's 15 and UP FREESTYLE		**(UNL. HEATS)**
F	**L**	**25.**	**100Y**	**Girl's 11 and 12 INDIVIDUAL MEDLEY**		**(UNL. HEATS)**
F	**L**	**26.**	**100Y**	**Boy's 11 and 12 INDIVIDUAL MEDLEY**		**(UNL. HEATS)**
F	**L**	**27.**	**100Y**	Girl's 13 and 14 INDIVIDUAL MEDLEY		**(UNL. HEATS)**
F	**L**	**28.**	**100Y**	Boy's 13 and 14 INDIVIDUAL MEDLEY		**(UNL. HEATS)**
F	**L**	**29.**	**100Y**	Girl's 15 and UP INDIVIDUAL MEDLEY		**(UNL. HEATS)**
F	**L**	**30.**	**100Y**	Boy's 15 and UP INDIVIDUAL MEDLEY		**(UNL. HEATS)**

ORDER OF EVENTS
11 and Up
Relay Carnival
Date _____

CA	*LL*	#	*DIST.*	*EVENT*	*HEATS*	
F	**L**	**1.**	**200Y**	**Girl's 15 and Up Backstroke Relay**		**(2 Heats)**
F	**L**	**2.**	**200Y**	**Boy's 15 and Up Backstroke Relay**		**(1 Heat)**
F	**L**	**3.**	**200Y**	Girl's 13 and 14 Backstroke Relay		**(3 Heats)**
F	**L**	**4.**	**200Y**	Boy's 13 and 14 Backstroke Relay		**(2 Heats)**
F	**L**	**5.**	**200Y**	Girl's 11 and 12 Backstroke Relay		**(UNL. HEATS)**
F	**L**	**6.**	**200Y**	Boy's 11 and 12 Backstroke Relay		**(2 Heats)**
F	**L**	**7.**	**200Y**	**Girl's 15 and Up BREASTROKE RELAY**		**(2 Heats)**
F	**L**	**8.**	**200Y**	**Boy's 15 and Up BREASTROKE RELAY**		**(1 Heat)**
F	**L**	**9.**	**200Y**	Girl's 13 and 14 BREASTROKE RELAY		**(3 Heats)**
F	**L**	**10.**	**200Y**	Boy's 13 and 14 BREASTROKE RELAY		**(2 Heats)**
F	**L**	**11.**	**200Y**	Girl's 11 and 12 BREASTROKE RELAY		**(UNL. HEATS)**
F	**L**	**12.**	**200Y**	Boy's 11 and 12 BREASTROKE RELAY		**(2 Heats)**
F	**L**	**13.**	**100Y**	**Girl's 15 and Up Butterfly Relay**		**(2 Heats)**
F	**L**	**14.**	**100Y**	**Boy's 15 and Up Butterfly Relay**		**(1 Heat)**
F	**L**	**15.**	**100Y**	Girl's 13 and 14 Butterfly Relay		**(3 Heats)**
F	**L**	**16.**	**100Y**	Boy's 13 and 14 Butterfly Relay		**(2 Heats)**
F	**L**	**17.**	**100Y**	Girl's 11 and 12 Butterfly Relay		**(UNL. HEATS)**
F	**L**	**18.**	**100Y**	Boy's 11 and 12 Butterfly Relay		**(2 Heats)**
F	**L**	**19.**	**200Y**	**Girl's 15 and Up Freestyle Relay**		**(2 Heats)**
F	**L**	**20.**	**200Y**	**Boy's 15 and UP Freestyle Relay**		**(1 Heat)**
F	**L**	**21.**	**200Y**	Girl's 13 and 14 Freestyle Relay		**(3 Heats)**
F	**L**	**22.**	**200Y**	Boy's 13 and 14 Freestyle Relay		**(2 Heats)**
F	**L**	**23.**	**200Y**	Girl's 11 and 12 Freestyle Relay		**(UNL. HEATS)**
F	**L**	**24.**	**200Y**	Boy's 11 and 12 Freestyle Relay		**(2 Heats)**
F	**L**	**25.**	**200Y**	**Girl's 15 and Up Medley Relay**		**(2 Heats)**
F	**L**	**26.**	**200Y**	**Boy's 15 and Up Medley Relay**		**(1 Heat)**
F	**L**	**27.**	**200Y**	Girl's 13 and 14 Medley Relay		**(3 Heats)**
F	**L**	**28.**	**200Y**	Boy's 13 and 14 Medley Relay		**(2 Heats)**
F	**L**	**29.**	**200Y**	Girl's 11 and 12 Medley Relay		**(UNL. HEATS)**
F	**L**	**30.**	**200Y**	Boy's 11 and 12 l Medley Relay		**(2 Heats)**

2018

2013